

Bikram laguna beach YOGA



I LOVE BIKRAM YOGA LAGUNA BEACH!

Bikram Yoga Laguna Beach offers many of my patients, and myself, stress relief, detoxification and overall healing of the body. These benefits reach far beyond any other exercise program I have researched and, more importantly, personally experienced. It truly offers people a new lease on life, with a renewed sense of hope and balance. What more could you ask for in a 90 minute workout?

DR. GINA NICK, FOUNDER, LTP NATURAL MEDICAL CENTER, LAGUNA BEACH

**FIND OUT HOW BIKRAM'S
HOT YOGA CAN CHANGE
YOUR LIFE FOR ONLY
\$25.00* OR COME TO
A FREE CLASS* ON
SAT. AUGUST 8TH AT 10:00 AM.**

Private
Instruction
Now Available

We are above the Ginns Pizza/Pavilions Market
at 610 N. Coast Hwy, Suite 208 in beautiful
Laguna Beach, CA 92651 -- (949) 376 7077

VISIT WWW.BIKRAMYOGALAGUNA.COM
FOR MORE INFORMATION, DISCOUNTS
AND ADDITIONAL TESTIMONIALS

20% Off
1st Package

* \$25 for 14 consecutive days of unlimited use and first-time students who are Orange County residents only